

MARCH 2025

St. Gerard's School

PREP DINNER

Monday

Tuesday

Wednesday

Thursday

Friday

3

Chicken Kiev with Savoury
Wholemeal Rice

Vegetarian Dish

4

Pan-fried Breast of Chicken
with Basil Cream Sauce

Vegetarian Dish

5

Beef Burrito & Oven Baked
Wedges

Vegetarian Dish

6

Bacon Chop with Vegetables
and Potatoes

Vegetarian Dish

7

No Evening Meal

10

Thai Green Chicken Curry and
Rice

Vegetarian Dish

11

Supreme of Chicken with
Roasted Vegetables

Vegetarian Dish

12

Spaghetti Bolognese with
Parmesan Flakes

Vegetarian Dish

13

Chicken & Bacon Pie Topped
with Puff Pastry

Vegetarian Dish

14

No Evening Meal

17

St. Patrick's Day

18

Pork Chop, Onion Gravy,
Vegetables and Potatoes

Vegetarian Dish

19

Roast Beef, Vegetables and
Potatoes

Vegetarian Dish

20

Crumbed Breast of Chicken
Maryland

Vegetarian Dish

21

No Evening Meal

24

Bolognese Pasta Bake

Vegetarian Dish

25

Chicken Tandoori & Rice

Vegetarian Dish

26

Chicken Stir Fry and Noodles

Vegetarian Dish

27

Glazed Loin of Bacon,
Cabbage & White Sauce

Vegetarian Dish

28

No Evening Meal

31

Beef Teriyaki and Savoury
Rice

Vegetarian Dish



There will sometimes be a Second option in the evening with a Fish option at times, along with Soup and Dessert